



I am a new creation
because of my faith in Christ.

My life has value because God created me.

I can do all things
through Him who strengthens me.
God has given me the abilities to obey His
word.

I ought to use
those abilities to obey God and to serve others

I will do my best
to guard my thoughts and words
and choose to do the right thing
even when it is not what I want.

